



Future Futsal Extreme Heat Policy

1. During the summer months, extreme heat may create an environment that is dangerous to players if modifications to games and guidelines are not followed. This heat policy is available for our members to be aware of the procedure that is used to determine whether play goes ahead or not.
2. During days or weeks where temperatures are expected to be over 32°C, the YMCA will monitor and record court temperature on a regular basis. This information will be freely available. If the court temperature reaches 40°C it is recommended that all sports be cancelled. The following are guidelines for playing in a hot indoor environment:
 - a) 30—34 degrees: The heat policy **MAY** be implemented by the coach/referee supervisor.
 - b) 35—39 degrees: The heat policy **MUST** be implemented by the coach/referee supervisor.
 - c) 40 degrees and over: Games **MUST** be abandoned.

The Heat Policy is as follows:

- a) Halves to be reduced by 2 minutes each with 2 timeouts per team per half
 - b) Compulsory Heat Policy timeout at half way point of each half
 - c) Clock only stops for compulsory timeout
 - d) All other timing rules will apply
3. If game is abandoned before commencement or before half time it is counted as a draw
 4. If game is abandoned after half time, the game score stands as a final result.
 5. In addition, the club will make reasonable attempts to ensure:
 - a) Full knowledge of the availability of first aid equipment and first aid personnel by all persons attending
 - b) Coaches/referees are aware of the symptoms of heat stress and are instructed to be on the alert to notice any such symptoms
 - c) Coaches/referees are instructed to initiate regular extra time-outs during the game and to shorten the game if necessary
 - d) Players are made aware of the need to hydrate regularly before and after the game
 - e) Facilities are available for players and other persons to externally cool themselves with water, fans or other facilities i.e. ice packs
 - f) Proper advice is available to coaches and players on the effects of heat, symptoms of heat stress, the need for proper hydration and the facilities that are available to prevent or treat heat stress.